

# Gluten-Free Aruba Family Itinerary

## Day 1: Arrival and Relaxation

- Check into Aruba Marriott Resort & Stellaris Casino.
- Enjoy a welcome drink and explore the gluten-free menu at the lobby bar.
- Relax by the beach or the pool and take in the stunning Caribbean views.

## Day 2: Family Adventure and Fine Dining

- Morning: Visit Eagle Beach for sunbathing and water sports.
- Afternoon: Explore Arikok National Park, discovering caves and natural pools.
- Evening: Dine at Texas de Brazil, enjoying a safe and delicious gluten-free meal.

## Day 3: Exploring Local Cuisine and Attractions

- Breakfast: Start your day with gluten-free pancakes at Linda's Pancakes.
- Midday: Visit the Aruba Aloe Factory for a tour and interactive activities.
- Afternoon: Relax at Renaissance Island and enjoy private cabanas.
- Dinner: Head to El Gaucho for an Argentinian gluten-free dining experience.

## Day 4: Water Fun and Casual Dining

- Morning: Spend the day at De Palm Island enjoying the water park and activities.
- Lunch: Grab a quick bite at one of Aruba's gluten-free food trucks.
- Evening: Celebrate with a family dinner at Smokey Joe's, enjoying ribs and gluten-free treats.

## Day 5: Submarine Adventure and Farewell

- Morning: Take a trip aboard the Atlantis Submarine to explore Aruba's marine life.
- Afternoon: Relax by the pool or shop for souvenirs.
- Evening: Conclude your trip with a luxurious gluten-free dinner at the Marriott's Ocean Club.